

# Narrandera East Infants School

Excellence in Early Learning

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Week 6, Term 1

4th March, 2014

This week will be the first full week for our Kindergarten students and fortunately the weather has cooled down a little which will make things much easier for everyone. Kindergarten are looking forward to joining Year One and Year Two students at the stadium on Friday and will attend their first whole school Assembly tomorrow.

Yesterday we welcomed Mrs Anne Nolan, our School Director to our school. This is Mrs Nolan's second visit and she has been very impressed by our school environment and what she has seen in our classrooms.

We held our second Fete meeting last night. Many thanks to all those who attended and for all your enthusiasm and support.

Second hand items are slowly coming in for our Trash and Treasure stall. Now is the time to go through your cupboards and get rid of any quality items you no longer use or need. We are after books, toys, household items, decorative items and collectables. Remember one persons trash is anothers treasure!

Thank you to Jarrah and Jannine for bringing in the first lot of filled jars for our Jar Pesca, followed closely by Mrs Missen. Jars can be filled with lollies, small toys, craft items, toiletry items, etc...

For all you crafty Mums and handy Dads out there, our Cake/Craft and Produce stall welcomes any handmade or home grown goods. Non perishables can come in anytime now. Let's all get in and make this our best fete ever.

Next Monday we will be holding our P&C AGM at 7.00pm followed by our normal P&C meeting at 7.30pm. All executive positions will be declared vacant. We are looking for a new Secretary and Canteen Manager in particular as Cindy Bowen no longer has a child at NEIS and Tara Broncano is leaving our community. Our P&C is a very friendly supportive group and our meetings are held on the second Monday of the month from 7.30 - 8.30pm. We try very hard to keep our meetings within the hour. Children are able to come along if babysitting is difficult. We value your input and opinions in assisting with the organisation and management of our school. The P&C meeting is the perfect venue for you to put forward your thoughts.

Have a great week everyone and keep our fete, planned for Friday 4th April, in your thoughts.

Regards

Mrs Karen Babbs  
Principal



## What's happening at Narrandera East

### Term 1

#### Week 6 BOOK FAIR

#### Kinder's first full week of school

03/03/14	Fete Meeting
06/03/14	Bendigo Bank - K Fruit Day
07/03/14	Library Scripture Stadium for all classes

#### Week 7

10/03/14	P&C AGM - 7.00pm
13/03/14	Fruit Day
15/03/14	Library Scripture Stadium for all classes
16/03/14	John O'Brien Festival

#### Week 8

20/03/14	Fruit Day
21/03/14	Library Scripture Stadium for all classes

Attached to this newsletter is a affordable Insurance policy for all students. This cover is provided by EBM Insurance Brokers. For further information go to:

[www.studentcover.com.au](http://www.studentcover.com.au)

This policy is only available online.

## Week 6, Term 1



### Awards for Week 4, Term 1

#### Year 1:

Zoe Ewers - great homework  
April Walsh - clever work in maths  
Abbie Hodges - working enthusiastically in class

#### Year 2:

Dean Chappell - completing his blend chart  
Jarrah Murray - for being a wonderful class helper  
Jasmyn Sowman - for beautiful neat handwriting



## Happy Birthday

to

Thomas Choy who turns 6 on the 4th  
&  
Miley Lilford who turns 6 on the 5th.



## Year Two

Year Two have settled well into class routine and are seen here enjoying Activity Groups.



## Crunch&Sip®

### Choosing healthy snacks for your child is important.

Snacks based on fruit and vegetables, reduced fat dairy products and whole grains will contribute to your child's nutritional needs and improve the overall quality of their diet. Snack foods that are high in added sugar, saturated fat or salt are generally low in nutrients and often provide unwanted kilojoules that can contribute to your child becoming overweight or obese.

### Selecting a healthier snack

The easiest way to restrict unhealthy snacks is simply not to buy them on a regular basis. Children will tend to snack on what is readily available so stock the pantry, fruit bowl and fridge with healthy snacks and include them in the lunchbox.

There are many commercial snack foods available in the supermarket of varying nutritional value. When choosing grain-based snacks, select those that are high in fibre and preferably wholegrain.

### Other things to try include:

- Talk with your children and set limits on the number of less healthy snack foods that you allow them to have per week. This includes snacks such as lollies, chocolate bars, donuts, some fruit bars, cereal bars and muesli bars, potato/corn chips, hot chips and many types of savoury and sweet biscuits.
- Prompt your children to select healthier snack options.

### Healthy snack ideas!

#### Some healthy snack ideas to try include:

- fresh, frozen or dried fruit
- reduced fat fruit yoghurt
- reduced fat cheese slices on wholegrain crackers or crispbread
- reduced fat custard with fruit
- potatoes topped with reduced fat cheese and baked in the microwave or oven
- toasted sandwiches with baked beans
- rice crackers or corn cakes
- scones or pikelets (plain, fruit or savoury)
- popcorn (unbuttered without sugar coating)
- toasted English style muffin, preferably wholemeal
- fruit muffins (small serve).





# NEIS Calendar of Events 2014

SUN	MON	TUES	WED	THURS	FRI	SAT
2 Week 6	3  <b>Book Fair</b>  <b>Fete Meeting</b> <b>7.30pm</b> <b>Canteen:</b> R.Sullivan C.Flanigan	4	5	6  <b>Fruit Day</b>  <b>Bendigo Bank</b> <b>Talk - Kinder</b>	7  Library Scripture Stadium  <b>Canteen:</b> T.Broncano L.Blackshaw	8
9 Week 7	10  P&C AGM 7.00  <b>Canteen:</b> N.Hanlon E.Lawrence	11	12	13  <b>Fruit Day</b>	14  Library Scripture Stadium  <b>Canteen:</b> L.Walsh J.Yuang	15  <b>John O'Brien</b> <b>Festival</b>  <b>Kids Disco</b> <b>Exies</b> <b>5.00-6.30</b> <b>\$5.00</b>
16 Week 8	17    <b>Canteen:</b> C.Brewer	18	19	20  <b>Fruit Day</b>	21  Library Scripture Stadium  <b>Canteen:</b> J.Pearce K.Finn	22
23 Week 9	24    <b>Canteen:</b> J.Chitts	25	26	27  <b>Fruit Day</b>	28  Library Scripture Stadium  <b>Canteen:</b> J.Bloomfield T.Thornton A.Gibson	29
30 Week 10	31    <b>Canteen:</b> R.Sullivan J.Wise	1 April	2	3  <b>Fruit Day</b>	4  <b>Tabloid</b> <b>Sports Day &amp;</b> <b>Twilight Fete</b>  <b>Canteen:</b> T.Broncano J.Yuang	5
6 Week 11	7    <b>Canteen:</b> C.Flanigan	8  <b>Grunt</b>	9  <b>James</b> <b>Morrison</b> <b>Concert -</b> <b>Leeton</b>	10  <b>Fruit Day</b>  <b>Easter Parade</b>	11    <b>Canteen:</b> J.Pearce S.Williams	12

## Week 6, Term 1

**Ian Lucas Memorial**  
**Bike Ride and Hike**  
**Sunday 23rd March**  
**9.00am Grong Grong Sports club**  
**Registration at Grong Grong and**  
**Matong from 8:00am**

**DON'T GIVE UP MATEY**  
**YOU'RE ALMOST THERE!**  
- Ian Lucas



Primary school age children to be accompanied by an adult

Riders can complete a course from Grong Grong to Matong and return or any part of the course they feel comfortable in tackling. Walk to be held concurrently to Bundigery Channel and back.

**Prices - \$20 per adult,**  
**\$10 per child,**  
**\$50 per family.**

Morning tea and lunch included in entrance fee.

**Morning tea and lunch available for purchase on the day for non-riders and non-walkers**

MORE INFORMATION  
Phone Brian Gawne 0427 487505  
Dave Currie 0427279110

## Group Tennis Coaching for Beginners

Thursday 4.00pm to 5.00pm  
Contact Louise: 0409 587 838



## Book Fair

Have you checked out the great range of books and stationery at our Book Fair in the foyer? If you haven't please do so, as there are some quality books at reasonable prices and remember all sales help the school purchase more books for our own Library.



### Junior Basketball Commences this week

Junior basketball commences this Wednesday for boys and Thursday for the Girls. Game times are Juniors Yrs 1, 2 & 3 at 4.45pm, Intermediates Yrs 4, 5 & 6 at 5.30pm and Seniors Yrs 7, 8, 9 + at 6.15pm. If you haven't already registered with Lee please turn up this week at the times and days set out above. Aussie Hoops will not commence until next Thursday 13<sup>th</sup> March commencing at 4.00pm. I need referees and coaches for both these days if you can help out please let Lee know on 0409 443 711 or email [lee.longford@bigpond.com.au](mailto:lee.longford@bigpond.com.au). Narrandera Basketball has a face book page please feel free to join. Registration is \$45 per player and Game fees are \$3.

### Narrandera John O'Brien Festival Junior Kids Disco

This year is the 20<sup>th</sup> anniversary for Narrandera's annual John O'Brien festival. Twenty times the fun? Absolutely, especially at the Junior Kids Disco. Held at the Narrandera Ex-servicemen's Club on Saturday 15th March, from 5.00-6:30pm, the Junior Kids Disco is time for kids aged 5-12 to dance the night away. Of course if you are a parent or guardian and you would like to dance the night away, then you are most welcome. However, it would be absolutely fantastic if you could dance the night away as a volunteer at the Disco. There will be snacks and drinks available to purchase on the night and tickets (\$5.00) are sold at the door. Junior Kids Disco is a great way for children to make some new friends and practise their dance moves. With a bit of luck the music will be so good that the children can work through their sugar rush, subsequent from the purchase of snacks and fruit boxes. (Of course the organising committee does not guarantee this!) Proceeds raised go to the John O'Brien Festival, a four day event that boosts the local economy and tourist trade. So really, proceeds go back into the community as a whole. Save the date and head down to the Exies for the Junior Kids Disco. For more information or to volunteer at the event, call Briana Bryon on 6959 5547 or email [briana.bryon@narrandera.nsw.gov.au](mailto:briana.bryon@narrandera.nsw.gov.au)

# Fete News

The jewellery stall is looking for all your old and unwanted jewellery to sell at the fete. Please look through your jewellery box and send any items into school.

Items for the trash and treasure stall, books/ games/toys stall, craft stall, pesca jars, and anything else non perishable can be sent in to the office at any time.

Do you Have any cute and/or cuddly animals that could be part of the petting zoo at the fete? If you do please contact Chelsea Lilford to let her know.



## New menu items.

# Narrandera East Infants Canteen

**Sandwiches (Bread fresh daily)**

White or Wholemeal bread	
White or Wholemeal rolls	add .60
Cheese & Bacon roll	add \$1.50
Vegemite / Jam / Honey	\$1.50
Cheese	\$2.00
Chicken / Ham / Tuna	\$2.50
With Salad	\$3.00
Salad includes: lettuce, tomato, cheese	
Cucumber, carrot, mayonnaise available	
Chicken / Ham / Tuna & Salad Wraps	\$3.50

## Toasted Sandwiches

Chicken & Cheese	\$2.60
Cheese & Ham	\$2.60
Cheese	\$2.20
Cheese & Tomato	\$2.40
Ham / Cheese & Tomato	\$2.60

## Salad Boxes

Plain salad includes lettuce, tomato Cucumber, carrot, beetroot, pineapple, & cheese	\$3.00
Meat - choice of Chicken / Ham / Tuna	\$4.00

## Fruit Salad Boxes

## Drinks

Bottles of Water	\$1.50
Flavoured Milk - Chocolate or Strawberry	\$1.50
100% Fruit Juice - Apple & Blackcurrant or Orange	\$1.50

## Brown Bags

Hot Food		
	Pies	\$1.90
.60	Sausage Rolls	\$1.90
1.50	Pizza Single (ham, cheese, pineapple)	\$2.40
1.50	(cheese and bacon)	\$2.40
2.00	Chicken Nuggets	.60
2.50	Hot Dogs & Sauce	\$2.50
3.00	Noodles - Beef or Chicken	\$1.50
	Corn on the Cob	.50
	Fish Finger	.50
3.50	Chicken & Gravy Roll	\$3.00
	Sauce Tomato, BBQ, Sweet n Sour	.30

## Snacks

Apple slinky	.50
or bring your own in and get it slinkied for free	
Pieces of fruit in season	.50
Pkt Sultanas	.60
Jelly Cup	\$1.30
JJ Snacks	\$1.20
Tiny Teddy Packet	.50
Chocolate Mousse	\$1.60
Honey Soy Chips	\$1.20
Popcorn	\$1.20
Ovalteenies	\$1.00
Fresh Fruit Jelly Cups	\$1.30
Sour Cream & Chives Grainwaves	\$1.20

## Ice Creams

Icy Twist	\$1.00
Paddlepop Chocolate / Banana / Rainbow	\$1.30
Quelch 99% Juice Ice Blocks	.50
Mini Calippo's Lemon & Raspberry	\$1.00
Frozen Yoghurt	\$1.00

Stall	Captain	Helper/s
Jumping Castle	Rotary	Andrew / Laura Brown
Chocolate Wheel	Marge Amery	Rotary
Lions Train	Lions	Lions
Donuts	Soroptimists	Soroptimists
AFL Handball	Jarrold Murray	Peter Poole
Beauty Parlour (Make up, Nails, tattoos, Hair) / Face Painting	Jess Pearce	Galaxia / Isabella Beaumont / Pearl Bowen / Keely & Kiara Bloomfield
Hoopla	Wes Hall	Vicki Hall
Books, Toys, Games	Karen Babbs	Jannine Ahern
Petting Zoo	Chelsea Lilford	
Wii Fit Wii Dance	Rosemary Davis	Debbie Smith / Emily O'Hare
Lolly Stall	Nicole Ivanoff	
Jewellery	Lyndall Ireland	Marni Ireland / Ella Ireland
Cakes / Produce / Plants / Crafts	Rachael McClymont	Debbie Wickes / Karen Gunn
BBQ	Brett Ireland	David Vest / Jim Babbs
Bubble Blowing / Badges	Carissa Flanigan	Emily Poole / Peter Scott
Hot Dogs & Drinks	Craig & Linda McGilvray	
Lucky Dips	Carmen Brewer	Lyndall Ireland
Coffee & Cake	Tamra / Phillip Beaumont	Jess Gawne / Judith Gawne
Slushies	Linda & Craig McGilvray	
Sushi	Akiko Brew	
Pony Rides	Shane Bloomfield	Amber Poole
Raffle	School	Karen / Marge
Pesca	Karen Babbs	
Tarot Card Reading	Rachel Cregan	
<p><b>We still need some more volunteers to help man our stalls. If you can help out please fill in your name and return this sheet back to school.</b></p> <p><b>Remember many hands make light work.</b></p> <p><b>If you have any other suggestions please don't hesitate to add them to the list.</b></p>		